



Adult Day Care Center

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u><i>Participant Birthdays</i></u> 5/17 Buddy Reid 5/21 Stacy Gardner 5/24 Elaine Cook</p>	<p><u>Daily Schedule:</u> 9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack 3:30 Activities of Choice</p>			<p>1 10:00 Exercise 10:30 IG Show and Tell 11:00 May Day Activity 2:15 Whiteboard Games/Outside Time</p>
<p>4 10:00 Exercise 10:30 IG w. Toddlers 11:00 Dancing w. Grace 2:15 Turtle Craft</p>	<p>5 Cinco De Mayo 10:00 Exercise 10:15 Pet Therapy w. Pearl 10:30 IG w. 3's 11:00 Hot Pepper Panic Game 2:15 Cinco De Mayo Trivia Outside</p>	<p>6 National Nurse's Week Begins 10:00 Exercise 10:30 IG w. 2's 11:00 Make Cards for Nurses 2:15 Music w. Garold</p>	<p>7 10:00 IG w. Pre-K 10:30 Exercise 11:00 Bingo 2:15 Butterfly Marble Art</p>	<p>8 10:00 Exercise 10:30 IG Show and Tell 11:00 Flower Craft 2:15 Whiteboard Games/Crafts</p>
<p>11 National Hostess Cupcake Day 10:00 Cake Baking Activity/Cake Trivia 10:30 IG w. Toddlers 11:00 Exercise 2:15 Craft</p>	<p>12 Florence Nightingale Day 10:00 Exercise 10:30 IG w. 3's 11:00 Getting to Know Florence Nightingale 2:15 Bingo with Bridgewater Retirement Community</p>	<p>13 Receptionist Day 10:00 Make cards for Receptionists 10:30 IG w. 2's 11:00 Exercise 2:15 Noodle Ball</p>	<p>14 College Tennis Championship 10:00 IG w. Pre-K 10:30 Ukulele Concert 11:30 Exercise 2:15 Tennis Trivia/Word Match (Whiteboard)</p>	<p>15 Observe Armed Forces Day 10:00 Exercise 10:30 IG Show and Tell 11:00 Armed Forces Day Facts 2:15 Craft/Games</p>
<p>18 Backyard Games Week 10:00 Exercise 10:30 IG w. Toddlers 11:00 Backyard Games 2:15 Abstract Art Project</p>	<p>19 Birthday Party 10:00 Exercise 10:30 IG w. 3's 11:00 Ramona and Missy 2:15 Birthday Party</p>	<p>20 Cher's Birthday 10:00 Exercise to Cher 10:30 IG w. 2's 11:00 Fun Facts about Cher 2:15 Table/Card Games</p>	<p>21 International Tea Day Foul Ball Day 10:00 IG w. Pre-K 10:30 Exercise 11:00 Baseball Balloon Toss/Baseball Trivia 2:15 Test Tasting Tea Party</p>	<p>22 Vanilla Pudding Day 143 Day 10:00 Exercise 10:30 IG Show and Tell 11:00 143 Day Celebration 2:15 Make Vanilla Pudding and Movie</p>
<p>25 CLOSED</p>	<p>26 John Wayne's Birthday 10:00 Exercise 10:30 IG w. 3's 11:00 Quirky Country Song Titles Game 2:15 John Wayne Fun Facts</p>	<p>27 10:00 Exercise 10:30 IG w. 2's 11:00 Straw Ball 2:15 Heat and Sun Safety Facts/Balloon Toss</p>	<p>28 10:00 IG w. Pre-K 10:30 Exercise 11:00 Automobile Identification Quiz 2:15 Classic Road Trip Games on Whiteboard</p>	<p>29 10:00 Exercise 10:30 IG Show and Tell 11:00 Sensory Play 2:15 Dot Art and Movie</p>

All participants have the right to choose which activities they would like to engage in throughout the day. We encourage independence, personal preference and meaningful participation. During warmer months, participants may enjoy our outdoor patio, weather permitting. Designated free-choice activities are available from 7:30-9am and 3:30-5pm. Please note, activities are subject to change.