

Adult Day Care Center

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 Exercise 10:30 IG w. Toddlers 11:00 Dot Art 2:15 Craft w. Stephanie	4 10:00 Exercise 10:20 Pet Therapy Pearl 11:00 Mold the Dough 2:15 This or That	5 10:00 Exercise 10:30 IG w. 2's 11:00 "Trios" 2:15 Music w. Garold	6 10:00 IG w. Pre-K 10:30 Exercise 11:00 "Use your Senses" 2:15 Music w. Staunton YMCA	7 10:00 Exercise 10:30 Show and Tell w. 3's 11:00 Common Sayings 2:15 Family Feud
10 10:00 Exercise 10:30 IG w. Toddlers 11:00 Hot Potato 2:15 Grab Bag	11 Veterans Day 10:00 Exercise 10:30 IG w. 3's 11:00 Gratitude Tree 2:15 Thanksgiving Bingo	12 10:00 Exercise 10:30 IG w. 2's 11:00 Categories 2:15 Umbrella Fun	13 Birthday Party 10:00 IG w. Pre-K 10:30 Exercise 11:00 If the Price is Right 2:15 Woman's Tea, Men's Chat	14 10:00 Exercise 10:30 Show and Tell w. 2's 11:00 Trivia 2:15 Name 5-10
17 10:00 Exercise 10:30 IG w. Toddlers 11:00 Parachute Fun 2:15 Who/What am I?	18 10:00 Exercise 10:20 Pet Therapy w. Tik-Tok 10:30 IG w. 3's 11:00 Categories 2:15 Cornhole and Horseshoes	19 10:00 Exercise 10:30 IG w. 2's 11:00 Music w. Missy 2:15 Volleyball	20 10:00 IG w. Pre-K 10:30 Exercise 11:00 Table Conversations 2:15 Mini Golf	21 10:00 Exercise 10:30 Shown and Tell w. 3's 11:00 Chain Reaction 2:15 Opposites
24 10:00 Exercise 10:30 IG w. Toddlers 11:00 Ball Toss 2:15 Nursery Rhymes	25 10:00 Exercise 10:30 IG w. 3's 11:00 Weird Words 2:15 Thanksgiving Craft	26 10:00 Exercise 10:30 IG w. 2's 11:00 Bingo 2:15 Activity w. Amanda	27 Center Closed Happy Thanksgiving	28 Center Closed
Daily Schedule: 9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack	Participant Birthday's Mark M. – 11/2 Meredith G. – 11/14 Gloria C. – 11/17			

7:30-9:00 and 3:30-5:00 are activities of choice daily. All activities are subject to change

All participants have the right to decide whether or not to participate in any given activity. Alternative activities are offered. During the warmer months the participants have the opportunity to go outside during the day to enjoy our patio, weather permitting.