



Adult Day Care Center

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Schedule: 9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack	<u>Participant Birthday's</u> Eddie Thompson -26th	1 10:00 Exercise 10:30 IG w. 2's 11:00 Senior Olympics 2:15 Music w. Garold	2 10:00 IG w. Pre-K 10:30 Exercise 11:00 Table Games/Conversations 2:15 If the Price is Right	3 10:00 Exercise 10:30 Show and Tell w. 2's 11:00 Outside Time 2:15 Yard Games w/ Fraternity
6 10:00 Exercise 10:30 IG w. Toddlers 11:00 Craft w. Stephanie 2:15 Whiteboard Puzzles	7 10:00 Exercise 10:20 Pet Therapy Visit w. Pearl 10:30 IG w. 3's 11:00 Bat Craft 2:15 Would you Rather	8 10:00 Exercise 10:30 IG w. 2's 11:00 Fire Prevention Month 2:15 Common Knowledge	9 10:00 IG w. Pre-K 10:30 Exercise 11:00 Bingo 2:15 Table Games/Conversations	10 10:00 Exercise 10:30 Show and Tell w. 3's 11:00 Bingo 2:15 Music w. Ramona & Instruments
13 10:00 Exercise 10:30 IG w. Toddlers 11:00 Table Conversations 2:15 Letters to Loved Ones	14 10:00 Exercise 10:30 IG w. 3's 11:00 Table Games 2:15 Music w. Jimmy	15 10:00 Exercise 10:30 IG w. 2's 11:00 Apple Stamping 2:15 Opening Minds Through Art	16 10:00 IG w. Pre-K 10:30 Exercise 11:00 Table Games/Conversations 2:15 Who am I?	17 10:00 Exercise 10:30 Shown and Tell w. 3's 11:00 Giant Tic Tac Toe 2:15 Riddles
20 10:00 Exercise 10:30 IG w. Toddlers 11:00 Outside 2:15 Mini Golf & Games	21 10:00 Exercise 10:20 Tik-Tok Therapy Dog 10:30 IG w. 3's 11:00 Music w. Missy 2:15 Categories	22 10:00 Exercise 10:30 IG w. 2's 11:00 Bingo 2:15 Opening Minds Through Art	23 10:00 IG w. Pre-K 10:30 Exercise 11:00 Spider Web-Craft 2:15 Table Games/Conversations	24 10:00 Exercise 10:30 Show and Tell w. 2's 11:00 Volleyball 2:15 Ladies Tea/Men's Chat
27 10:00 Exercise 10:30 IG w. Toddlers 11:00 Music w. Laura 2:15 Music w. Mary Lou & Nolan	28 10:00 Exercise 10:30 IG w. 3's 11:00 Spelling Bee 2:15 Find a Word	29 10:00 Exercise 10:30 IG w. 2's 11:00 Rock Painting 2:15 Opening Minds w. Art	30 10:00 IG w. Pre-K 10:30 Exercise 11:00 Bingo 2:15 Trivia	31 10:00 Exercise 10:30 Show and Tell w. 2's 11:00 Costume Show and Tell 2:15 Halloween Party

7:30-9:00 and 3:30-5:00 is activity of choice daily. All activities are subject to change

All participants have the right to decide whether or not to participate in any given activity. Alternative activities are offered. During the warmer months the participants have the opportunity to go outside during the day to enjoy our patio, weather permitting.