



# Adult Day Care Center April 2026

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
| <b>Daily Schedule:</b><br><b>9:00 Breakfast</b><br><b>9:30 Morning Moments</b><br><b>12:00 Lunch</b><br><b>12:30-2:00 Quiet Time</b><br><b>3:00 Snack</b> |   | 1<br>10:00 Exercise<br>10:30 IG w. 2's<br>11:00 April Fools<br>2:15 Music w. Garold                      | 2<br>10:00 IG w. Pre-K<br>10:30 Exercise<br>11:00 Marble Art<br>2:15 Trivia            | 3<br><br>Closed<br>Happy Easter!  |
| 6<br>10:00 Exercise<br>10:30 IG w. Toddlers<br>11:00 Dancing with Grace<br>2:15 Bingo   | 7<br>10:00 Exercise<br>10:15 Pet Therapy w. Pearl<br>10:30 IG w. 3's<br>11:00 Balloon Hot Potatoe<br>2:15 If the Price is Right | 8<br>10:00 Exercise<br>10:30 IG w. 2's<br>11:00 Kite Craft<br>2:15 Pink Day                              | 9<br>10:00 IG w. Pre-K<br>10:30 Exercise<br>11:00 Patio Time<br>2:15 Birthday Party    | 10<br>10:00 Exercise<br>10:30 Show and Tell w. 3's<br>11:00 Activity w. Sarah<br>2:15 Bracket Challenge                                       |
| 13<br>10:00 Exercise<br>10:30 IG w. Toddlers<br>11:00 Outside Time<br>2:15 Games w. Bridgewater Residents   | 14<br>10:00 Exercise<br>10:30 IG w. 3's<br>11:00 What am I?<br>2:15 Silly Sayings   | 15<br>10:00 Exercise<br>10:30 IG w. 2's<br>11:00 Music w. Laura<br>2:15 Bowling & Horseshoes             | 16<br>10:00 IG w. Pre-K<br>10:30 Exercise<br>11:00 Volleyball<br>2:15 Whiteboard Games | 17<br>10:00 Exercise<br>10:30 Shown and Tell w. 2's<br>11:00 Bingo<br>2:15 Movie  |
| 20<br>10:00 Exercise<br>10:30 IG w. Toddlers<br>11:00 Table Games<br>2:15 Travelogue to Chile   | 21<br>10:00 Exercise<br>10:15 Pet therapy w. Tik Tok<br>10:30 IG w. 3's<br>11:00 Bingo<br>2:15 Music w. Ramona & Missy          | 22<br>10:00 Exercise<br>10:30 IG w. 2's<br>11:00 April Pondering Prompts<br>2:15 Woman's Tea, Men's Chat | 23<br>10:00 IG w. Pre-K<br>10:30 Exercise<br>11:00 Balloon Soccer<br>2:15 Karaoke      | 24<br>10:00 Exercise<br>10:30 Show and Tell w. 3's<br>11:00 Music w. Serena<br>2:15 Family Feud   |
| 27<br>10:00 Exercise<br>10:30 IG w. Toddlers<br>11:00 High Low Dice Roll<br>2:15 Rhyme, Rhyme, Wrong  | 28<br>10:00 Exercise<br>10:30 IG w. 3's<br>11:00 April Trivia<br>2:15 Blue Mt. Sunrise  | 29<br>10:00 Exercise<br>10:30 IG w. 2's<br>11:00 Dot Art<br>2:15 What's your Preference?                 | 30<br>10:00 IG w. Pre-K<br>10:30 Exercise<br>11:00 This or That<br>2:15 Alphabetics    | <u><i>Participant Birthday's</i></u><br><i>John Smith – 4</i><br><i>Lou Ziegler – 4</i><br><i>Annie Aderholz – 5</i><br><i>Ray Berner - 6</i> |

7:30-9:00 and 3:30-5:00 are activities of choice daily. All activities are subject to change

All participants have the right to decide whether or not to participate in any given activity. Alternative activities are offered. During the warmer months the participants have the opportunity to go outside during the day to enjoy our patio, weather permitting.