


Adult Day Care Center

May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Daily Schedule:</u> 9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack	<u>Participant Birthday's</u> <i>Stacey G. - May 21</i> <i>Phyllis V. – May 22</i>		1 10:00 IG w/ Pre-K 10:30 Exercise 11:00 Guess a letter 2:15 Bingo	2 10:00 Exercise 10:30 Show and Tell w/ 2's 11:00 This & That 2:15 Music w/ Elia
5 10:00 Exercise 10:30 IG w/ Toddlers 11:00 Volleyball 2:15 Cinco de Mayo Travelogue	6 Nurses Day 10:00 Exercise 10:30 IG w/ 3's 11:00 Craft w/ Maddie 2:15 Celebrate Nurses	7 10:00 Exercise 10:30 IG w/ 2's 11:00 Colorado Wildflower Tour 2:15 Music w/ Garold	8 10:00 IG w/ Pre-K 10:30 Exercise 11:00 Music w/ Pam 2:15 "M" words	9 10:00 Exercise 10:30 Show and Tell w/3's 11:00 Music w/ Highlands String Band 2:15 Celebrate Mother's Day
12 10:00 Exercise 10:30 IG w/ Toddlers 11:00 Table Games 2:15 Hall of Fame	13 10:00 Exercise 10:30 IG w/ 3's 11:00 Craft w/ DeAnna 2:15 May Trivia	14 10:00 Exercise 10:30 IG w/ 2's 11:00 Umbrella Fun 2:15 Sharks	15 10:00 IG w/ Pre-K 10:30 Exercise 11:00 Table Talk / Small Groups 2:15 Pondering Prompts	16 10:00 Exercise 10:30 Show and Tell w/2's 11:00 Category Trivia 2:15 Alphabetics
19 10:00 Exercise 10:30 IG w/ Toddlers 11:00 Victorian Day Bingo 2:15 Backyard Games	20 10:00 Exercise 10:20 Pet visit w/ Tiktok 10:30 IG w/ 3's 11:00 Spelling Bee 2:15 Ice Cream Social w/ BRC	21 10:00 Exercise 10:30 IG w/ 2's 11:00 Red Trivia 2:15 Niagara Falls	22 Birthday Party 10:00 IG w/ Pre-K 10:30 Exercise 11:00 Paddles, Picnics & Pastimes 2:15 Inner Beauty	23 10:00 Exercise 10:30 Show and Tell w/3's 11:00 Memorial Day Bingo 2:15 Celebrate John Wayne
26 Happy Memorial Day!  Center Closed!	27 10:00 Exercise 10:30 IG with 3's 11:00 Craft w/ Amanda 2:15 Music w/ Missy	28 10:00 Exercise 10:30 IG with 2's 11:00 Plants and Animals 2:15 Patio Time	29 10:00 IG w/ Pre-K 10:30 Exercise 11:00 Celebrate Bob Hope 2:15 Men's Chat / Women's Tea	30 10:00 Exercise 10:30 Show and Tell w/2's 11:00 Category 2:15 Music w/ Ramona

7:30-9:00 and 3:30-5:00 is activity of choice daily. All activities are subject to change.

All participants have the right to decide whether or not to participate in any given activity. Alternative activities are offered. During the warmer months the participants have the opportunity to go outside during the day to enjoy our patio, weather permitting.