

Adult Day Program October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack 3:30 Activities of Choice	Birthdays Eddie		1 10:00 IG w. Pre-K 10:30 Exercise 11:00 Halloween Sun Catcher Craft 2:15 Top Ten Thursday	2 10:00 Exercise 10:30 IG Show and Tell 11:00 Honey Tasting/Facts 2:15 BINGO
5 10:00 Exercise 10:30 IG w. Toddlers 11:00 Bean Bag Toss 2:15 Jack O Lantern Craft	6 10:00 Exercise 10:15 Pet Therapy w. Archie & Stella 10:30 IG w. 3's 11:00 Collaboration Poster 2:15 Jeopardy	7 10:00 Exercise 10:30 IG w. 2's 11:00 Bird Discussion with Nurse Brenda 2:15 Music w. Garold	8 National Octopus Day 10:00 IG w. Pre-K 10:30 Exercise 11:00 Let's Learn About Octopi 2:15 Charades	9 National World Post Day 10:00 Exercise 10:30 IG Show and Tell 11:00 World Post Day Facts 2:15 Collaborative Ghost Painting
12 10:00 Exercise 10:30 IG w. Toddlers 11:00 Parachute Fun 2:15 Bridgewater Retirement Community Visit	13 10:00 Exercise 10:30 IG w. 3's 11:00 Fall Eye Spy 2:15 Apple Stamping Craft	14 National Dessert Day 10:00 Exercise 10:30 IG w. 2's 11:00 Tea Party with Dessert 2:15 Outside Time/Would You Rather	15 National I Love Lucy Day 10:00 IG w. Pre-K 10:30 Exercise 11:00 I Love Lucy Facts/Program 2:15 Name That Tune	16 10:00 Exercise 10:30 IG Show and Tell 11:00 Spooky Rocks 2:15 Outside Time/Free Art
19 10:00 Exercise 10:30 IG w. Toddlers 11:00 Halloween Mad Libs and Jokes 2:15 Coffee Filter Pumpkins	20 10:00 Exercise 10:30 IG w. 3's 11:00 Halloween Facts/Reminiscing 2:15 Rock N Roll Bingo	21 10:00 Exercise 10:30 IG w. 2's 11:00 Parachute Fun 2:15 Pom Pom Ghost Painting	22 10:00 IG w. Pre-K 10:30 Exercise 11:00 Toilet Paper Roll Pumpkins 2:15 Music with Ramona	23 10:00 Exercise 10:30 IG Show and Tell 11:00 Boys and Girls Club Bingo 2:15 Outside Time/Collaborative Art
26 10:00 Exercise 10:30 IG w. Toddlers 11:00 80's Bingo 2:15 Birthday Party	27 10:00 Exercise 10:30 IG w. 3's 11:00 Balloon Toss 2:15 Deal or No Deal	28 National Chocolate Day 10:00 Exercise 10:30 IG w. 2's 11:00 Scavenger Hunt w. Chocolate 2:15 Corn Hole Toss	29 DRESS FOR HALLOWEEN 10:00 IG w. Pre-K 10:30 Exercise 11:00 Marshmallow Painting Pumpkins 2:15 Halloween Trivia	30 DRESS FOR HALLOWEEN 10:00 Exercise 10:30 IG Show and Tell 11:00 Candy Corn Coloring 2:15 Halloween Movie Fun

All participants have the right to choose which activities they would like to engage in throughout the day. We encourage independence, personal preference and meaningful participation. During warmer months, participants may enjoy our outdoor patio, weather permitting. Designated free-choice activities are available from 7:30-9am and 3:30-5pm. Please note, activities are subject to change. 7:30-9:00 and 3:30-5:00 are activities of choice daily. All activities are subject to change.