



GENERATIONS CROSSING MENU

Week of 10/3/22 - 10/7/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes Mandarin Oranges Milk	Cheerios Banana Milk	Yogurt Granola Strawberries Milk	Life cereal Blueberries Milk	Blueberry Muffins Fresh Fruit Milk
Lunch	Mac & Cheese w/ Ham Tossed Salad Pineapple Wheat Roll	Steak & Cheese Sub Potato Wedges Roasted Vegetable Blend Apple	Alice Springs Chicken Roasted Potatoes Carrots Fruit Cocktail Wheat Roll	Cheese Ravioli Steamed Broccoli Braised Cabbage Pear Slices Wheat Roll	Soft Shell Tacos Lettuce, Tomato, Cheese Spanish Rice Confetti Corn Fresh Fruit
PM Snack	Chewy Granola Bars Fruit Cup	Pretzels Raisins Water	Tortilla chips Salsa Fruit Punch Juice	Goldfish Applesauce	Wheat Crackers Cheese Very Berry Juice

This institution is an equal opportunity provider and employer. Milk is served with all lunches.

Week of 10/10/22- 10/14/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes Mandarin Oranges Milk	Cheerios Banana Milk	Yogurt Granola Strawberries Milk	Life cereal Blueberries Milk	Blueberry Muffins Fresh Fruit Milk
Lunch	Spaghetti & Meatballs Spinach Garlic Bread Apple	Sweet & Sour Meatballs Brown Rice Green Beans Mandarin Oranges Wheat Roll	Pepperoni Pizza Tossed Salad Corn Peach Slices	Beef & Bean Chili Grilled Cheese Sandwich on Wheat Fresh Fruit	Cheese Omelet Hash Brown Casserole Sausage Patty Fried Apples Biscuit
PM Snack	Sun Chips Fruit Cup Water	Pretzels Raisins Water	Tortilla chips Salsa Fruit Punch Juice	Goldfish Very Berry Juice	Kix Cereal Applesauce Water

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GENERATIONS CROSSING MENU

Week of 10/17/22 - 10/21/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	French Toast Sticks Applesauce Milk	Cheerios Banana Milk	Yogurt Granola Strawberries Milk	Life cereal Blueberries Milk	Scrambled Eggs Biscuits Fresh Fruit
Lunch	Beef BBQ Sandwich Potato Wedges Cole Slaw Pineapple Wheat Roll	Hamburger on Bun Potato Salad Roasted Vegetables Watermelon	Beef Ravioli Braised Kale Broccoli Pear Slices Wheat Roll	Grilled Chicken Breast Au Gratin Potatoes Green Beans Fruit Cocktail Wheat Roll	Chili Dog on Bun Sweet Potato Wedges Buttered Peas Fresh Fruit
PM Snack	Teddy Grahams Apple Juice	Tortilla chips Salsa Fruit Punch Juice	Chewy Granola Bars Fruit Cup	Wheat Crackers Cheese Very Berry Juice	Cheez-Its Apple Juice

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Week of 10/24/22 - 10/28/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes Mandarin Oranges Milk	Cheerios Banana Milk	Yogurt Granola Strawberries Milk	Life cereal Blueberries Milk	Blueberry Muffins Fresh Fruit Milk
Lunch	Beef Stroganoff Egg Noodles Sliced Carrots Pear Slices Wheat Roll	Chicken Nuggets Pasta Salad Roasted Squash Banana Wheat Roll	Pork BBQ Sandwich Potato Wedges Cole Slaw Apple	Meat Lasagna Creamed Spinach Fruit Cocktail Breadstick	Grilled Ham & Cheese on Wheat Bread Tater Tots Cauliflower Fresh Fruit
PM Snack	Pretzels Raisins Water	Goldfish Apple Juice	Tortilla chips Salsa Very Berry Juice	Kix Cereal Applesauce Water	Chewy Granola Bar Fruit Cup

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GENERATIONS CROSSING MENU

Week of 10/31/22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	French Toast Sticks Applesauce Milk				
Lunch	Roasted Pork Loin Mashed Potatoes & Gravy Green Beans Orange				
PM Snack	Teddy Grahams Apple Juice				

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