

Adult Day Care Center – August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Schedule: 9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack	Participant Birthday's Dot Heizer — August 1 Ella Schinkey-Ward — August 5 Joey Spence — August 9 Ricky Reed — August 17 Gary Dickenson — August 24	Carolyn Sheppard – August 29 Stuart Eye- August 31	7:30-9:00 and 3:30-5:00 is activity of choice daily. All activities are subject to change	1 10:00 Exercise 10:30 Show and Tell w/ 2's 11:00 Parachute Fun 2:15 Music w/ Ramona
4 10:00 Exercise 10:30 IG w/ Toddlers 11:00 Marble Art 2:15 Movie/TV Show	5 10:00 Exercise 10:20 Pet visit w/ Pearl 10:30 IG w/ 3's 11:00 Guess that Object 2:15 Tongue Twisters	6 10:00 Exercise 10:30 Shape the Play Dough 11:00 IG w/ 2's 2:15 Categories w/ School age kids	7 Hawaiian Luau 10:00 IG w/ Pre-K 10:30 Exercise 11:00 Seashell Search Party 2:15 Aloha Bingo	8 10:00 Exercise 10:30 Show and Tell w/ 3's 11:00 Music Hot Potato 2:15 Scattergories
11	12	13	14 Elvis Day	15
10:00 Exercise	10:00 Exercise	10:00 Exercise	10:00 IG w/ Pre-K	10:00 Exercise
10:30 IG w/ Toddlers	10:30 IG w/ 3's	10:30 Funny's and Riddles	10:30 Exercise	10:30 Guess that Elvis song
11:00 Fresh-Air Outside Time	11:00 Craft w/ Maddie	11:00 IG w/ 2's	11:00 Elvis Trivia and Facts	11:00 Dingo Jingo
2:15 Blue Mt. Sunrise Band	2:15 Music w. Serena	2:15 Music w/ Garold	2:15 Graceland Tour	2:15 Guess that Celebrity
18	19 10:00 Exercise 10:20 Pet Therapy with TikTok 10:30 IG w/ 3's 11:00 This or That 2:15 "Floats" with Bridgewater Residents	20	21	22
10:00 Exercise		10:00 Exercise	10:00 IG w/ Pre-K	10:00 Exercise
10:30 IG w/ Toddlers		10:30 Music with Missy	10:30 Exercise	10:30 Show and Tell w/ 2's
11:00 Dot Art		11:00 IG w/ 2's	11:00 Family Feud	11:00 Pet Peeves and Phobias
2:15 Volleyball		2:15 Umbrella Fun	2:15 Games w/ School Age Kids	2:15 Jeopardy
25	26 Birthday Party 10:00 Exercise 10:30 IG w/ 3's 11:00 Music w/ Pam W. 2:15 Science Experiment w/ School age kids	27	28	29
10:00 Exercise		10:00 Exercise	10:00 IG w/ Pre-K	10:00 Exercise
10:30 IG w/ Toddlers		10:30 IG w/ 2's	10:30 Exercise	10:30 Show and Tell w/ 3's
11:00 National Parks		11:00 Music w/ Laura	11:00 Fresh-Air Outside Time	11:00 Chuckwagon Racing
2:15 Craft w/ Amanda		2:15 Guinness World Records	2:15 Decades Trivia	2:15 Whiteboard Puzzles

All participants have the right to decide whether or not to participate in any given activity. Alternative activities are offered. During the warmer months the participants have the opportunity to go outside during the day to enjoy our patio, weather permitting.